

Red Cedar Canyon

Senior Living | 3001 Hanley Road, Hudson, WI 54016 | 715-381-7333 | Fax:715-381-7313



Assisted Living Activities

Christmas and New Year's seem like a blur! They whizzed by as they so often do... Reflecting back, we had Fun! We enjoyed Decorating, some Christmas Shopping, a fun City Christmas Light Tour, Special Christmas Cookie Baking, a Concert and Festive Parties with lively Entertainment. We also welcomed "Mickey" our new pet therapy dog and his owner John. In the upcoming weeks, we look forward to a trip to Maiden Rock. A favorite spot to see the Artesian Ice Sculptures and sample cheese curds and ice cream at the Ellsworth Creamery afterward. In the meantime, we exercise, balance, bake, do crafts, play games and cards, eat and enjoy Friday Happy Hours with Entertainment!

Dora & Mary Ellen practice their "steady hand" with Jenga!



February Birthdays

In astrology, those born from February 1–18 are the Water Bearers of Aquarius. Just as water gives life to the land and its creatures, Aquarians are the humanitarians of the zodiac. Their heightened compassion and empathy compel them to help those in need. Those born from February 19–28 are Pisces' Fish. Pisces are sympathetic and selfless, making them compassionate friends. Their intuitive natures also make them creative and expressive artists.

Norman Rockwell (artist) – February 3, 1894
 Rosa Parks (activist) – February 4, 1913
 Bob Marley (musician) – February 6, 1945
 Chris Rock (comedian) – February 7, 1965
 Laura Dern (actress) – February 10, 1967
 Jennifer Aniston (actress) – February 11, 1969
 L.L. Bean (outdoorsman) – February 13, 1873
 Michael Jordan (athlete) – February 17, 1963
 Ansel Adams (photographer) – February 20, 1902
 Jordan Peele (producer) – February 21, 1979
 Rashida Jones (actress) – February 25, 1976

Dining Hours



Dining Hours

Breakfast 7:00am – 9:30am

Lunch 11:30am

Supper 5:00pm

Friday Happy Hour 4:00pm

Heads Up

There will be a planned fire drill on Thursday, March 3rd. Time of day to be determined. Watch for the sign that will be hung closer to the date for specifics.

*Janell Weber, RN
 Clinical Administrator
 Red Cedar Canyon Senior Living Community*

Celebrating February

Worldwide Renaissance of the Heart Month

Women Inventors Month

Black History Month

**Chinese New Year:
 Year of the Tiger**
February 1

Groundhog Day
February 2

Winter Olympics Begin
February 4

Read in the Bathtub Day
February 9

Valentine's Day
February 14

World Day for Social Justice
February 20

Presidents' Day (U.S.)
February 21

Digital Learning Day
February 22

Tooth Fairy Day
February 28

News from Ned

Greetings Residents and Families,

Happy New Year one month late! I hope everyone is still sticking to their new year's resolutions?? I decided to make it a bit easier on myself for 2022 and my new year's resolution was no resolution at all. Figure, if I and we together can make it through this pandemic then that is resolution enough for me! Perhaps this is the easy way out but for now I am content with this decision.

As you are all aware the pandemic has not gone away but thanks to all of you, we have been very fortunate in managing this pandemic within the building limiting the number of cases for both residents and staff. Please continue to follow the posted recommendations located in the front lobby. I know many of you are as tired of the whole mask thing as I am, but I do believe that this is making a positive difference and allowed us to keep our doors open to family and friends. Keep up the good work!

Larry, our friend, and head chef has decided to go back and try this retirement thing again. Larry came back to us about 6 months ago when we were in a pinch. He managed the kitchen for us and helped bring on more talent while stabilizing things in the culinary department. We appreciate everything Larry did, and it is my hope I won't have to pull him out of retirement for a second time! In the beginning of January, we hired Jackie who primarily works from 6am to 2pm Monday thru Friday. I believe most of you, if not all of you have met her already. More recently, we hired Laura, who will be working as a server and a cook. Please introduce yourself when you see her in the dining room.

We, the staff, want to thank you for the referrals that you send our way. Your referrals are the highest compliment that you can give, and we will always strive to make you proud of Red Cedar! We plan to continue our happy hour on Fridays so please plan to attend for some camaraderie and fun! As always, thank you for entrusting your care to Red Cedar Canyon Senior Living as we continually strive to meet and exceed your expectations!

kindest Regards,

Ned Ammons, CSW, LSW

Executive Director

Cedar Cove Corner

"There is nothing magical about the flip of the calendar, but it represents a clean break, a new hope, and a blank canvas."
Jason Soroski

Cedar Cove ushered in the New year with a celebration - fondly remembering friends and special times and looking ahead to making new memories in the coming year!

In preparation for February residents were also busy working on craft projects and helping decorate for the Valentine's Day Holiday.

**"Love me tender, love me sweet
Never let me go
You have made my life complete
And I love you so**

**Love me tender, love me true
All my dreams fulfilled
For my darling, I love you
And I always will"- Elvis Presley**

**Frances has been helping to make festive
Valentine's Decorations**



**Happy Anniversary!
Gus & Dot Celebrated 72 years in
Love on Jan. 6th Congrats!**



Frank Ringing in The New Year!!



**Employee/Artist Spotlight On:
Mallory Arndt**



Residents and visitors have also been able to enjoy several art pieces created by Mallory, an employee of Red Cedar Canyon's culinary department. She is currently a senior at Hudson High School, with plans to pursue a career in the health care field. We appreciate Mallory sharing her artistic talents with Cedar Cove and brightening our walls with her beautiful artwork!

**Our Hearts remember with Love
and fond Memories; the dear
friends we lost in 2021 & early
2022...**

**Do Not Stand at My Grave and Weep
By Mary Elizabeth Frye**

**Do not stand at my grave and weep,
I am not there; I do not sleep.
I am a thousand winds that blow,
I am the diamond glints in the snow,
I am the sun on ripened grain,
I am the gentle autumn rain.**

**When you awaken in the morning's hush
I am the swift uplifting rush
Of quiet birds in circling flight.
I am the soft star-shine at night.
Do not stand at my grave and cry,
I am not there; I did not die.**

News From The Nurse

Podiatrist to be at Red Cedar Canyon on Monday 02/07/2022 at 9AM in the Beauty Shop. No appointment needed. It's first come first serve. Please wear your masks per the request of Dr. Voigt.

COVID-19 Update – Red Cedar Canyon continues to be in outbreak status in regards to COVID-19. What this means is that masks need to be on, covering your nose and mouth, at all times when walking to and from your destinations. You should have them on in group activities and maintain the social distancing (6 feet away from each other). Another thing that can make a big difference and help greatly is increasing your hand hygiene. Larger group activities (BINGO) will continue to be altered to make things more "outbreak" friendly. You should encourage all of your visitors to follow these guidelines as well. If we continue to be compliant with these guidelines and we have no further positive COVID-19 cases between the tenants and staff through Monday 02/07/2022, our outbreak status will be over.

*Janell Weber, RN
Clinical Administrator
Red Cedar Canyon Senior Living Community*