

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Coffee and Chat 1 Sunday Morning Ch.4 Channel 13 Gospel 12:00 Lunch Refreshments 5:00 Supper <small>New Year's Day</small>	8:00 Breakfast 2 9:00 Morning Meeting 10:00 Fitness Fun 12:00 Lunch 1:00 Nail Time 2:00 Refreshments 3:00 One on One Time 5:00 Supper	8:00 Breakfast 3 9:00 Morning Meeting 10:00 Walking/Fitness Fun 12:00 Lunch 1:00 Games! 2:00 Refreshments 5:00 Supper	8:00 Breakfast 4 9:00 Morning Meeting 10:00 Baking 12:00 Lunch 1:00 Tea Party 2:00 Refreshments 3:00 One on One Time 5:00 Supper	8:00 Breakfast 5 9:00 Morning Meeting 10:30 Fitness Fun 12:00 Lunch 1:00 Crafts 3:00 Snacks 5:00 Supper	8:00 Breakfast 6 9:00 Morning Meeting 10:00 Walking/Fitness Fun 12:00Lunch 2:00 Happy Hour 3:00 One on One Time 5:00 Supper	Coffee and Chat 7 12:00 Lunch Puzzles Refreshments 5:00 Supper
Coffee and Chat 8 Sunday Morning Ch.4 Channel 13 Gospel 12:00 Lunch Refreshments 5:00 Supper	8:00 Breakfast 9 9:00 Morning Meeting 10:00 Piano with Beth 12:00 Lunch 1:00 Nail Time 2:00 Refreshments 3:00 One on One Time 5:00 Supper	8:00 Breakfast 10 9:00 Morning Meeting 10:00 Walking/Fitness Fun 12:00 Lunch 1:00 Houseplant Garden 2:00 Refreshments 5:00 Supper	8:00 Breakfast 11 9:00 Morning Meeting 10:00 Baking 12:00 Lunch 1:00 Hot Chocolate Party 2:00 Refreshments 3:00 One on One Time 5:00 Supper	8:00 Breakfast 12 9:00 Morning Meeting 10:30 Fitness Fun 12:00 Lunch 1:00 Crafts 3:00 Snacks 5:00 Supper	8:00 Breakfast 13 9:00 Morning Meeting 10:00 Walking/Fitness Fun 12:00Lunch 2:00 Happy Hour 3:00 One on One Time 5:00 Supper	Coffee and Chat 14 12:00 Lunch Puzzles Refreshments 5:00 Supper
Coffee and Chat 15 Sunday Morning Ch.4 Channel 13 Gospel 12:00 Lunch Refreshments 5:00 Supper	8:00 Breakfast 16 9:00 Morning Meeting 10:00 Piano with Beth 12:00 Lunch 1:00 Nail Time 2:00 Refreshments 3:00 One on One Time 5:00 Supper <small>Martin Luther King Jr. Day</small>	8:00 Breakfast 17 9:00 Morning Meeting 10:00 Walking/Fitness Fun 12:00 Lunch 1:00 Puzzles 2:00 Refreshments 5:00 Supper	8:00 Breakfast 18 9:00 Morning Meeting 10:00 Baking 12:00 Lunch 1:00 Tea Party 2:00 Refreshments 3:00 One on One Time 5:00 Supper	8:00 Breakfast 19 9:00 Morning Meeting 10:30 Fitness Fun 12:00 Lunch 1:00 Crafts 3:00 Snacks 5:00 Supper	8:00 Breakfast 20 9:00 Morning Meeting 10:00 Walking/Fitness Fun 12:00Lunch 2:00 Happy Hour 3:00 One on One Time 5:00 Supper	Coffee and Chat 21 12:00 Lunch Puzzles Refreshments 5:00 Supper
Coffee and Chat 22 Sunday Morning Ch.4 Channel 13 Gospel 12:00 Lunch Refreshments 5:00 Supper <small>Chinese New Year (Year of the Rabbit)</small>	8:00 Breakfast 23 9:00 Morning Meeting 10:00 Piano with Beth 12:00 Lunch 1:00 Nail Time 2:00 Refreshments 3:00 One on One Time 5:00 Supper <small>Activity Professionals Week</small>	8:00 Breakfast 24 9:00 Morning Meeting 10:00 Walking/Fitness Fun 12:00 Lunch 1:00 Games! 2:00 Refreshments 5:00 Supper	8:00 Breakfast 25 9:00 Morning Meeting 10:00 Baking 12:00 Lunch 1:00 Hot Chocolate Party 2:00 Refreshments 3:00 One on One Time 5:00 Supper	8:00 Breakfast 26 9:00 Morning Meeting 10:30 Fitness Fun 12:00 Lunch 1:00 Crafts 3:00 Snacks 5:00 Supper <small>Australia Day (observed)</small>	8:00 Breakfast 27 9:00 Morning Meeting 10:00 Walking/Fitness Fun 12:00Lunch 2:00 Happy Hour 3:00 One on One Time 5:00 Supper	Coffee and Chat 28 12:00 Lunch Puzzles Refreshments 5:00 Supper
Coffee and Chat 29 Sunday Morning Ch.4 Channel 13 Gospel 12:00 Lunch Refreshments 5:00 Supper	8:00 Breakfast 30 9:00 Morning Meeting 10:00 Fitness Fun 12:00 Lunch 1:00 Nail Time 2:00 Refreshments 3:00 One on One Time 5:00 Supper	8:00 Breakfast 31 9:00 Morning Meeting 10:00 Walking/Fitness Fun 12:00 Lunch 1:00 Puzzles 2:00 Refreshments 5:00 Supper	<h1>January 2023</h1> <p>Happy Birthday to Eugene Hanson- 1-28-39</p>			