

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			
<h1>November 2023</h1>			8:00 Breakfast 9:30 Exercise & Socializing 10:30 <b>Baking</b> 12:00 Lunch 1:00 <b>Games &amp; Crafts with Reva</b> 2:00 <b>Ice Cream social</b> 5:00 Supper	8:00 Breakfast 9:30 <b>Canine Visit "Mickey" Music, Peace in the Valley"</b> 10:30 <b>Ester Music &amp; Dance</b> 12:00 Lunch 1:30 <b>Men's Card game w/Ron</b> 1:30 <b>Women's Bingo</b> 2:00 Refreshments & Snack 5:00 Supper	8:00 Breakfast 9:30 <b>Exercise &amp; Socializing</b> 10:00 <b>Bowling League</b> 12:00 Lunch 1:30 <b>Yahtzee</b> 2:00 Refreshments & Snack 3:00 <b>Music, "Squeezy"</b>	8:00 Breakfast 12:00 Lunch 2:00 Refreshments & Snack 5:00 Supper 7:00 Refreshments & Snack			
			8:00 Breakfast 12:00 Lunch 2:00 Refreshments & Snack 5:00 Supper 7:00 Refreshments & Snack  <b>Daylight Savings</b>	8:00 Breakfast 9:30 <b>Exercise &amp; Socializing</b> 10:00 <b>Bible Study</b> 10:30 <b>One on One fun</b> 12:00 Lunch 1:30 <b>Puzzles &amp; Social Reminiscing</b> 2:00 Refreshments & Snack 5:00 Supper <b>National Nachos Day !</b>	8:00 Breakfast 9:30 <b>Exercise &amp; Socializing</b> 10:30 <b>Family Feud Game</b> 11:00 <b>Movie, "Julie &amp; Julia"</b> 12:00 Lunch 1:30 <b>Crafts</b> 2:00 Refreshments & Snack 5:00 Supper  <b>Happy Birthday Howard!</b>	8:00 Breakfast 9:30 <b>Exercise &amp; Socializing</b> 10:30 <b>Baking</b> 12:00 Lunch 1:00 <b>Games &amp; Crafts with Reva</b> 2:00 <b>Ice Cream social</b> 5:00 Supper  <i>Celebrate November B - Days</i>	8:00 Breakfast 9:00 <b>Exercise &amp; Socializing</b> 9:30 <b>Canine Visit "Mickey"</b> 10:00 <b>Ester Music &amp; Dance</b> 12:00 Lunch 1:30 <b>Men's Card game w/Ron</b> 1:30 <b>Women's Bingo</b> 2:00 Refreshments & Snack 5:00 Supper  <b>Happy Birthday Lonnie!</b>	8:00 Breakfast 9:30 <b>Exercise &amp; Socializing</b> 10:00 <b>Bowling League</b> 12:00 Lunch 1:30 <b>Yahtzee</b> 2:00 <b>Veteran Recognition</b> 5:00 Supper  <b>Happy Birthday Marion!</b> <b>Veterans Day</b> <i>Celebrate November B - Days</i>	8:00 Breakfast 12:00 Lunch 2:00 Refreshments & Snack 5:00 Supper 7:00 Refreshments & Snack  <small>Veterans Day Remembrance Day (Canada)</small>
			8:00 Breakfast 12:00 Lunch 2:00 Refreshments & Snack 5:00 Supper 7:00 Refreshments & Snack  <b>National Happy Hour Day!</b>  <small>Diwali (Hindi)</small>	8:00 Breakfast 9:30 <b>Exercise &amp; Socializing</b> 10:00 <b>Bible Study</b> 10:30 <b>One on One fun</b> 12:00 Lunch 1:30 <b>Puzzles &amp; Social Reminiscing</b> 2:00 Refreshments & Snack 5:00 Supper	8:00 Breakfast 10:00 <b>Music "Beth"</b> 11:00 <b>Movie, "Bake Squad"</b> 12:00 Lunch 1:30 <b>Crafts</b> 2:00 Refreshments & Snack 5:00 Supper  <b>National Pickle Day !</b> <b>Happy Birthday Joelly !</b>	8:00 Breakfast 9:30 <b>Exercise &amp; Socializing</b> 10:30 <b>Baking</b> 12:00 Lunch 1:00 <b>Games &amp; Crafts with Reva</b> 2:00 <b>Ice Cream social</b> 5:00 Supper	8:00 Breakfast 9:00 <b>Exercise &amp; Socializing</b> 9:30 <b>Canine Visit "Mickey"</b> 10:00 <b>Ester Music &amp; Dance</b> 12:00 Lunch 1:30 <b>Men's Card game w/Ron</b> 1:30 <b>Women's Bingo</b> 2:00 Refreshments & Snack 5:00 Supper	8:00 Breakfast 9:30 <b>Exercise &amp; Socializing</b> 10:00 <b>Bowling League</b> 12:00 Lunch 1:30 <b>Yahtzee</b> 2:00 Refreshments & Snack 5:00 Supper	8:00 Breakfast 12:00 Lunch 2:00 Refreshments & Snack 5:00 Supper 7:00 Refreshments & Snack
			8:00 Breakfast 12:00 Lunch 2:00 Refreshments & Snack 5:00 Supper 7:00 Refreshments & Snack	8:00 Breakfast 9:30 <b>Exercise &amp; Socializing</b> 10:00 <b>Bible Study</b> 10:30 <b>One on One fun</b> 12:00 Lunch 1:30 <b>Puzzles &amp; Social Reminiscing</b> 2:00 Refreshments & Snack 5:00 Supper	8:00 Breakfast 9:30 <b>Exercise &amp; Socializing</b> 10:30 <b>Family Feud Game</b> 11:00 <b>Movie, "Jeopardy"</b> 12:00 Lunch 1:30 <b>Crafts</b> 2:00 Refreshments & Snack 5:00 Supper  <b>National HELLO Day!</b>	8:00 Breakfast 9:30 <b>Exercise &amp; Socializing</b> 10:30 <b>Baking</b> 12:00 Lunch 1:00 <b>Games &amp; Crafts with Reva</b> 2:00 <b>Ice Cream social</b> 5:00 Supper	8:00 Breakfast 9:00 <b>Exercise &amp; Socializing</b> 9:30 <b>Canine Visit "Mickey"</b> 10:00 <b>Ester Music &amp; Dance</b> 12:00 Lunch 1:30 <b>Men's Card game w/Ron</b> 1:30 <b>Women's Bingo</b> 2:00 Refreshments & Snack  <b>Happy Thanksgiving!</b>  <small>Thanksgiving Day (US)</small>	8:00 Breakfast 9:30 <b>Exercise &amp; Socializing</b> 10:00 <b>Bowling League</b> 12:00 Lunch 1:30 <b>Yahtzee</b> 2:00 Refreshments & Snack 5:00 Supper	8:00 Breakfast 12:00 Lunch 2:00 Refreshments & Snack 5:00 Supper 7:00 Refreshments & Snack
			8:00 Breakfast 12:00 Lunch 2:00 Refreshments & Snack 5:00 Supper 7:00 Refreshments & Snack	8:00 Breakfast 9:30 <b>Exercise &amp; Socializing</b> 10:00 <b>Bible Study</b> 10:30 <b>One on One fun</b> 12:00 Lunch 1:30 <b>Puzzles &amp; Social Reminiscing</b> 2:00 Refreshments & Snack 5:00 Supper	8:00 Breakfast 10:00 <b>Music "Beth"</b> 11:00 <b>Movie, "Downtown Abby"</b> 12:00 Lunch 1:30 <b>Crafts</b> 2:00 Refreshments & Snack 5:00 Supper	8:00 Breakfast 9:30 <b>Exercise &amp; Socializing</b> 10:30 <b>Painting Class</b> 12:00 Lunch 1:00 <b>Games &amp; Crafts with Reva</b> 2:00 <b>Ice Cream social</b> 5:00 Supper	8:00 Breakfast 9:00 <b>Exercise &amp; Socializing</b> 9:30 <b>Canine Visit "Mickey"</b> 10:00 <b>Ester Music &amp; Dance</b> 12:00 Lunch 1:30 <b>Men's Card game w/Ron</b> 1:30 <b>Women's Bingo</b> 2:00 Refreshments & Snack 5:00 Supper	<div style="text-align: center;">  <p> <b>Happy Birthday Howard, November 6<sup>th</sup></b>  <b>Happy Birthday Lonnie, November 9<sup>th</sup></b>  <b>Happy Birthday Marion, November 10<sup>th</sup></b>  <b>Happy Birthday Joelly, November 14<sup>th</sup></b> </p> </div>	